July 2018





From our Administrator

June was another vibrant month inside as well as outside. The weather for the annual colony day parade was wonderful, the father's day BBQ went really well and the building grounds look amazing thanks to the Mat-Su master gardeners flower donations, the city of Palmer watering crew, our own maintenance department, as well as staff and volunteers who have filled Homestead courtyard with flowers!



Josh Shaver

Activities

July 4th Independence Day! Halibut Feast @ 11:30 with Lions Club of Palmer

July 10 @ 9:30 Fishing Trip and Picnic at Eklutna Tail Race

July 18 @ 5:00
Festive Meal with
music by "Steve
Willis and Friends"

July 21 @ 1:30 Happy Hour

July 25 @ 9:30 Beach Lake Picnic

July 26 @ 9:00
"Miracle Ear" Free
Hearing Aid
Cleaning

July 26 @ 1:15 Trip to American Legion #35



Speaking of flowers, while hiking up Lazy Mountain last week I was looking at many beautiful flowers in bloom such as the

Alaska State flower the Forget-me-not and I crossed paths with retired, but very much vibrant former nurse Margaret Runser who was on her way down the mountain. She still has many fond memories and asked me

about different staff and elders that she had a close connections with.



This month the AVPH has met 2 high water marks of achievement; 77 of 79 rooms are filled and a total of 58 veterans. Because the services we provide are in such high demand these metrics are very important because we need to serve as many veterans and Alaska pioneers as we can.

Important voter information:

For the Primary election on August 11th and the general election on November 6th the division of elections would like me to remind you that you are eligible to vote absentee by mail or in person along with the regular precinct voting which as always the AVPH will provide transportation. See Celia or activities with any questions.

This is also a good time to remind recently moved in elders to think about updating your voter registration with the new address.

Enjoy your July everyone!



New Medicare Cards

Residents that have Medicare have received or will be receiving a new card soon. Please be sure Colleen in Medical records gets a copy of it.

















Residents were given plenty of opportunities to socialize in June. Besides all our usual activities, there was a delicious Fathers Day BBQ, Happy Hour and James from the kitchen provided old fashioned ice cream sodas outside on a sunny day.

























It was a beautiful day for the Colony Days Parade. Kitchen staff served a picnic lunch while residents enjoyed the parade. Miss Alaska spent time visiting with all the residents out there and Governor Walker and Alaska's First Lady were a hit driving a tractor.

















Several residents attended the Arctic Thunder Air Show at JBER. The weather cooperated and the show the Thunderbirds gave was spectacular. Everyone had a wonderful time and they even ran into our good friend and former AVPH resident Milo.









Mister Fees, a member of the Combat Vets, rode his motorcycle up from Louisiana stopping at Veterans Homes along the way to visit with Veterans. His mission is "Reshaping the definition of support for our country's heroes through meaningful personal interaction". The residents enjoyed visiting with him and checking out his motorcycle! If you would like more information you can check out his website "Serve. Ride. Support" www.serveridesupport.org







Gardening can be very relaxing and enjoyable. Many of our residents spend time out in the raised beds growing vegetables and flowers.

Happy Birthday



July Birthdays



Residents

07/02 James Clark

07/11 Bill Shannon

07/12 Maryan Selle

07/15 Darrell Murray

07/16 Robert Bassett

07/21 Alfred "Al" Roig

07/24 Carlyle "Carl" Kurtz

07/31 Dominic Bernardo

Employees

07/03 Jessica Kuznicki-Friese

07/06 Chloe Wixen

07/11 Melody Johnson

0713 Jaquelyn Menchaca

07/14 Carol Meinen

07/19 Erica Eichorst

07/19 Angelina Hoffman

07/19 Joanne Pelletier

07/21 Mary K. Reindl

07/24 Toni Fassino

New Residents



Manfred "Fred"
Mane



Jason Matthews



MollyBee Welkin



William "Bill" and Patricia "Pat"

Brokaw

New Employees



Peg Bowers LPN